



**Working together to
improve cancer care
in Hampshire, Dorset
and the Isle of Wight.**



"I enjoy the way I can effect change with real meaning. What I have experienced resonates with others and facilitates changes for the better. That is a very powerful feeling".

– Patient representative

Contact us



involvingpeople@helpandcare.org.uk



0300 111 3303



Help improve local cancer services

Who we are

NHS Wessex Cancer Alliance lead and inspire innovation and improvement in cancer care for all people in Hampshire, Dorset and the Isle of Wight.

They have commissioned the Involving People team at Help & Care to engage volunteers with lived experience in the work of the Alliance.

Help & Care have over 40 years' experience working within communities, with social justice at the heart of all we do. Volunteers are an integral, valued part of our organisation.



Why volunteer with us

Only through the eyes of those who have had cancer, or cared for someone with it, can we fully understand what the care and support on offer is really like - and what needs to change.

This is why we encourage people to volunteer and share their lived experience.

- Make a difference to local cancer services
- Be part of a supportive, friendly team and meet new people
- Access training and development
- Learn new skills and knowledge
- Learn more about the NHS

Opportunities

→ Join the Network

You'll be invited to participate or share your experiences in a variety of cancer-related projects and activities. You can choose which opportunities you get involved in based on your availability and interest.

→ Reader Panel

You will be asked for feedback on cancer related information produced for patients and caregivers to ensure it is clear and understandable.

→ Steering Group

You will ensure that patient or caregiver experience is at the heart of the Alliance's decision-making. We meet six times a year (in person and online). You can opt in to other activities too.

→ Newsletter

Email us to receive our quarterly newsletter with opportunities for involvement.

Want to know more? Contact us for an informal chat using the details on the back of this leaflet.